

Presenter: □ Carla Anglehart, Health Association Nova Scotia

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In this session you will enhance your awareness of the impact of organizational change on individuals and teams. Carla Anglehart, a licensed, certified facilitator of the Change Cycle™ will provide insights about your response to change on mental, emotional and behavioural levels and demonstrate practical strategies to manage the uncertainty surrounding change. Participants learn how to thrive in a changing workplace rather than become casualties of change.